

**HARTFORD LIFE AND ACCIDENT INSURANCE COMPANY**  
**GROUP LIFE INSURANCE**  
**PERSONAL HEALTH APPLICATION**

One Hartford Plaza  
 Hartford, Connecticut 06155



**eght.** Academy of Nutrition  
**right.** and Dietetics

**Association:** Academy of Nutrition and Dietetics  
 P.O. Box 14533  
 Des Moines, IA 50306

**Questions?** Call toll-free: 1-866-795-9340  
 Email: customerservice.service@getamba.com

Policyholder (and Participating Organization): <b>Academy of Nutrition and Dietetics</b>	Policy No.: AGL-1947	Certificate No. (Leave Blank):
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Member's Name (First, Middle Initial, Last):				<input type="checkbox"/> Male <input type="checkbox"/> Female	
Date of Birth:	Place of Birth (State/Country):	Social Security Number:	Height: ft. _____ in. _____	Weight: _____ lbs.  (if currently pregnant, pre-pregnancy weight)	

Street: _____	Preferred Phone No.: _____	Email: _____
City: _____	<input type="checkbox"/> Cell <input type="checkbox"/> Home <input type="checkbox"/> Work	
State: _____ Zip Code: _____	<input type="checkbox"/> Daytime <input type="checkbox"/> Evening	

Member's Occupation: _____	<input type="checkbox"/> I am a current ACADEMY member.  Member Number: _____
Specialty/Duties: _____	
Annual Salary \$: _____	

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Life Form Series includes GBD-1000, GBD-1100 or state equivalent.

TL648E-AGL1947UWEGA

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**Primary Beneficiary(ies) – Print full name and complete address**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ Telephone Number: ( ) \_\_\_\_\_  
Social Security Number: \_\_\_\_\_ Relationship: \_\_\_\_\_ Benefit Percent: \_\_\_\_\_%

**Contingent Beneficiary(ies) – Print full name and complete address**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ Telephone Number: ( ) \_\_\_\_\_  
Social Security Number: \_\_\_\_\_ Relationship: \_\_\_\_\_ Benefit Percent: \_\_\_\_\_%

<b>*Spouse's Name</b> (First, Middle Initial, Last) if applying:				<input type="checkbox"/> Male
				<input type="checkbox"/> Female
Date of Birth: _____	Place of Birth (State/Country): _____	Social Security Number: _____	Height: _____ ft. _____ in. _____	Weight: _____ lbs. (if currently pregnant, pre-pregnancy weight)

\*Spouse includes a partner in a registered domestic partnership under California law.

Street: _____	Preferred Phone No.: _____	Email: _____
City: _____	<input type="checkbox"/> Cell <input type="checkbox"/> Daytime	
State: _____ Zip Code: _____	<input type="checkbox"/> Home <input type="checkbox"/> Evening	
	<input type="checkbox"/> Work	

\*Spouse's Occupation: \_\_\_\_\_

**Primary Beneficiary(ies) – Print full name and complete address**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ Telephone Number: ( ) \_\_\_\_\_  
Social Security Number: \_\_\_\_\_ Relationship: \_\_\_\_\_ Benefit Percent: \_\_\_\_\_%

**Contingent Beneficiary(ies) – Print full name and complete address**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Address: \_\_\_\_\_ Telephone Number: ( ) \_\_\_\_\_  
Social Security Number: \_\_\_\_\_ Relationship: \_\_\_\_\_ Benefit Percent: \_\_\_\_\_%

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**\*Spousal Consent For Community Property States Only:** If you live in California you may complete the \*Spousal Consent section, which allows your \*spouse to waive his or her rights to any community property interest in the benefit. Certain tribal jurisdictions may also require \*spousal consent. Please see your Benefits Administrator for details.

This will certify that, as \*spouse of the Member named above, I hereby consent to my \*spouse designating the person(s) listed above as beneficiaries of the group term life and/or accidental death insurance under the above policy and waive any rights I may have to the proceeds of such insurance under applicable community property laws. I understand that this consent and waiver supersede any prior spousal consent or waiver under this plan.

Signature of Member's \*Spouse: \_\_\_\_\_ Date: \_\_\_\_\_

**LIFE INSURANCE**

Amount Desired (\$10,000 minimum up to \$250,000 maximum in \$10,000 increments)

Please indicate if request is for:  New Coverage

**Member:**

\$10,000  \$50,000  \$100,000  \$150,000  \$200,000  \$250,000 Other \$ \_\_\_\_\_ (in \$10,000 increments)

**Age Reduction Rule:**

**On the premium due date on or next following the date the Insured Person:**

attains age 65, the Insured Person's Life Insurance Benefit Amount will reduce by 50%; and attains age 75, the Insured Person's original Life Insurance Benefit Amount will be reduced by an additional 50%; with an appropriate adjustment in premium.

**Spouse:**

\$10,000  \$50,000  \$100,000  \$150,000  \$200,00  \$250,000 Other \$ \_\_\_\_\_ (in \$10,000 increments)

The Spouse may not be covered under a Plan with benefits greater than 100 percent of the Member's Plan.

**Age Reduction Rule:**

**On the premium due date on or next following the date the Spouse:**

attains age 65, the Spouse's Life Insurance Benefit Amount will reduce by 50%; and attains age 75, the Spouse's original Life Insurance Benefit Amount will be reduced by an additional 50%; with an appropriate adjustment in premium.

Change in Coverage

Member's Current benefit amount: \$ \_\_\_\_\_ Additional benefit requested: \$ \_\_\_\_\_ Total benefit: \$ \_\_\_\_\_

\*Spouse's Current benefit amount: \$ \_\_\_\_\_ Additional benefit requested: \$ \_\_\_\_\_ Total benefit: \$ \_\_\_\_\_

**Child Coverage:**  Yes  No

If Child Coverage is desired, please select coverage requested and complete the following:

Age 15 days to 6 months  \$500      6 months and older  \$2,500

Full Name	Male/ Female	Birth Date	Coverage Requested

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By applying for this insurance, do you intend to replace, discontinue, or change an existing life insurance policy that is not otherwise expiring?	MEMBER <input type="checkbox"/> Yes <input type="checkbox"/> No	*SPOUSE <input type="checkbox"/> Yes <input type="checkbox"/> No
Have you ever been declined for life insurance?  If "yes" date and reason for declination: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
In the past 12 months, have you smoked cigarettes or cigars, or used a pipe, chewing tobacco, nicotine products or snuff? If "yes", indicate amount used daily: Member: _____ *Spouse: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
Do you consume alcohol? If "yes", please indicate: Member: Amount: per weekday _____ per weekend _____  *Spouse: Amount: per weekday _____ per weekend _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No

PLEASE COMPLETE THE FOLLOWING TO THE BEST OF YOUR KNOWLEDGE AND BELIEF:	MEMBER	*SPOUSE
1. In the past 7 years, have you been diagnosed or treated for:		
A. High blood pressure, coronary artery disease, heart attack or surgery, heart valve disease, heart failure, atrial fibrillation or other arrhythmia, blocked arteries, arteriosclerosis or atherosclerosis, deep vein thrombosis (DVT), peripheral, vascular disease, aneurysm, Stroke or transient ischemic attack (TIA), Heart Murmur or Heart disease?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
B. Asthma, pneumonia, chronic bronchitis, sarcoidosis, cystic fibrosis, tuberculosis, chronic obstructive pulmonary disease (COPD) or emphysema, sleep apnea or Narcolepsy?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
C. Kidney stones, chronic kidney disease, polycystic kidney disease, interstitial cystitis, benign prostatic hyperplasia, abnormal PAP smears, fibroids, endometriosis or menstrual disorder?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
D. Depression, anxiety, schizophrenia, post-traumatic stress disorder (PTSD), Attention deficit hyperactive disorder (ADHD/ADD), personality disorder, obsessive compulsive disorder or bipolar disorder?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
E. Infection or dysfunction of the central or peripheral nervous system, Alzheimer's, dementia, Parkinson's, Huntington's, amyotrophic lateral sclerosis (ALS), multiple sclerosis, neuropathy, syncope, migraine, seizures, epilepsy or paralysis?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
F. Disease, injury or surgery of joint, ligaments, knee, back or neck including arthritis, spinal disc disorder, fibromyalgia, bursitis, spondylitis, muscular dystrophy, psoriasis or chronic fatigue syndrome/Fibromyalgia or chronic pain?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
G. Ulcerative colitis, Crohn's, Hemochromatosis, Ulcer, diverticulitis, familial polyposis, Barrett's esophagus, Hepatitis A, Hepatitis B, Hepatitis C, Cirrhosis or pancreatitis?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
H. Diabetes, anemia, thyroid, adrenal insufficiency, Cushing's or prolactinoma?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No

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PLEASE COMPLETE THE FOLLOWING TO THE BEST OF YOUR KNOWLEDGE AND BELIEF	MEMBER	*SPOUSE
1. Impaired sight, glaucoma, macular degeneration, retinal detachment or Meniere's disease?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
2. In the past 7 years have you been diagnosed or treated for Acquired Immune Deficiency Syndrome (AIDS) or AIDS Related Complex (ARC*) or any other Disorder of the Immune System as defined below, excluding HIV tests and diagnosis?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
3. In the past 12 months have you been confined in a hospital, nursing home, sanatorium or similar institution (excluding maternity)?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
4. In the past 7 years have you been diagnosed or treated by a member of the medical profession for cancer? If "yes", indicate:  Type of cancer diagnosed by your physician: _____  Date treatment completed: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
5. In the past 7 years have you been diagnosed or treated by a member of the medical profession for seizures? If "yes", indicate:  Type of seizure diagnosed by your physician: _____  Date of diagnosis/onset: _____  Cause of seizures: _____  Frequency of seizures: _____  Date of last seizure: _____  Medication, dosage, date last taken: _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
6. In the past 7 years have you been treated by any medical professional, surgeon, psychologist, psychiatrist or other practitioner, other than a family member or yourself if you are a physician, for:  A. Any reason not previously noted on this application? _____  B. Been confined or treated in any hospital, sanatorium or similar institution?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
7. In the past 7 years, have you been advised by a medical professional to have a medical test done or are you awaiting treatment for a medical condition?	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
8. Are you currently pregnant? Are there any medical complications? _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No

If you answered "Yes" to any of the above questions, provide the details below to include the condition, diagnosis, number of episodes, duration, severity, date of last symptom, current status, treatment, medications and dosages, test results, any further treatments planned and the medical professional's and hospital's name, address and phone number. If additional space is needed, provide additional sheet with details.

Question Number, Condition, Dates and Details	Name of Family Member	Medical professional's name, full address and phone number

**AIDS Related Complex (ARC)\*** is a condition with signs and symptoms which may include generalized lymphadenopathy (swollen lymph nodes), loss of appetite, weight loss, fever, oral thrush, skin rashes, unexplained infections, dementia, depression, or other psychoneurotic disorders with no known cause. "Disorder of the Immune System" includes the hyperimmune conditions, disorders of gammaglobulin synthesis (hypogammaglobulinemia) of white blood cell production and maturation, and the immune-deficiency disorders both congenital and acquired. Also included in disorders of immunity are lupus erythamatosus, Grave's Disease, rheumatoid arthritis, primary biliary cirrhosis, and others.

Please read all items carefully and sign below.

**AUTHORIZATION TO OBTAIN, RELEASE AND DISCLOSE INFORMATION**  
**NOTICES, AGREEMENTS AND ACKNOWLEDGEMENTS**

**Notice**

To the best of your knowledge, you are required to notify Hartford Life and Accident Insurance Company in writing of any changes in your medical condition between the date you sign this form and the date coverage is approved.

In order to complete the evaluation of this application, Hartford Life and Accident Insurance Company may contact you, through the mail or over the telephone:

1. to clarify any information contained on this form;
2. to obtain any information missing from this form;
3. to ask additional questions of you or your physician about the information that you have provided; or
4. to request a paramedical exam.

We may also use information about you obtained from other sources, including our claim files, evidence of insurability applications you have previously submitted to us, and copies of medical records which you have authorized us to review, and information obtained from MIB, Inc.

**Agreements**

Subject to any deferred effective date provision, I understand that coverage will not become effective until (a) the Company grants its underwriting approval; and b) at the time of payment of the first premium, I am living, and my insurability remains the same as that described in the application. I do not receive temporary or conditional insurance coverage just because I submit an application and paid my first premium. I agree that the Company may request whatever additional evidence of insurability it needs.

**Representations**

I hereby acknowledge that I have read all statements and answers in this application, and in any other application or medical form required by the Company, and that they are full, complete, and true to the best of my knowledge and belief. I also understand that any misrepresentation contained herein or relied on by the Company may be used to reduce or deny a claim or void the contract within the contestable period if such misrepresentation materially affects the acceptance of the risk. I also agree that a copy of this application shall be attached to and form a part of any certificate issued. I also understand that the Company may request whatever additional evidence of insurability it needs.

**Acknowledgment**

I acknowledge that I am currently a member of Association and understand I must retain membership to be eligible for this insurance plan. I acknowledge that a copy of this application shall be attached to and form a part of any policy issued.

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Please read all items carefully and sign below.

**AUTHORIZATION TO OBTAIN, RELEASE AND DISCLOSE INFORMATION**  
**NOTICES, AGREEMENTS AND ACKNOWLEDGEMENTS**

**Authorization**

I, an undersigned applicant, authorize Hartford Life and Accident Insurance Company, together with its affiliates, ("Company") to contact me, during the evaluation of this application, through the mail, secure e-mail, or over the telephone, at the address or telephone number identified in this application, or otherwise provided by me:

1. to clarify any information contained on this form;
2. to obtain any information missing from this form; or
3. to request a paramedical exam.

In the event that I cannot be reached via telephone, I authorize a representative of the Company to leave a voice message identifying his or her name, the Company name, and a return phone number, indicating that he or she is calling to obtain information necessary to complete my recent application for insurance. The message will also contain an underwriting ID number and the hours during which I may reach a representative of the Company by telephone.

Yes, you may leave a message as indicated above.  No, please do not leave a message.

(If not checked, you will not be contacted by phone.)

In addition to the information that I have provided on this application, I authorize the Company to use information about me obtained from Company claim files, insurance applications and medical information I or my physician(s) have previously submitted to the Company. I further authorize any employer, any health or benefits plan, physician, counselor, medical professional, hospital, clinic or medical facility, laboratory, MIB, Inc., pharmacy or pharmacy benefits manager, motor vehicle violation reporting agency, consumer reporting agency that possesses my protected Personal Health Information ("PHI"), including copies of records concerning physical or mental illness, diagnosis, prognosis, prescription information, care or treatment provided to me (**but excluding HIV and genetic testing**), drug and alcohol use history, other insurance coverage or employment status to furnish such protected health information to the Company or its representative. The Company may only use information disclosed under this Authorization that is relevant to underwrite this or any other insurance application to the Company during the period that the Authorization is valid (as described below), at any time to aid in the detection of fraud, and for internal research purposes.

**Acknowledgment**

I acknowledge that I am currently a member of the Association and understand I must retain membership to be eligible for this insurance plan.

I authorize the Hartford Life and Accident Insurance Company to give information about me or my dependents to only those companies to whom I or my dependents have applied for Life and Health Insurance, the MIB, Inc., or other persons or organizations handling a claim, underwriting coverage applied for or administering coverage issued as a result of this application or as required by law.

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I understand that upon written request I may revoke this authorization. This authorization expires two (2) years from the effective date of my coverage or my dependent's coverage or, if no coverage has been issued one (1) year from the date of this application.

I understand that a photocopy of this form is as valid as the original, and that I or my authorized representative have a right to receive a copy of this form upon request.

**Member's signature** (Sign name in full) \_\_\_\_\_ Date \_\_\_\_\_  
Required Required

**\*Spouse's signature** (if applying) \_\_\_\_\_ Date \_\_\_\_\_  
Required Required

**PREMIUM PAYMENT**

I wish to pay my premiums:  Monthly  Quarterly  Semi-annually  Annually

Automatic Bank Withdrawal (Electronic Funds Transfer):

Name: \_\_\_\_\_ Banking Institution: \_\_\_\_\_

Routing Number: \_\_\_\_\_ Account Number: \_\_\_\_\_

Bank Account Type: \_\_\_\_\_  Checking  Savings

I authorize the Administrator to initiate my regular payment from the bank account provided above. I understand that payment will be processed on or after the due date and will continue to be charged or deducted from my account unless I notify the Administrator otherwise in writing or my coverage ends. I also understand if corrections of the debit are necessary, this may involve an adjustment to my account.

**Member's signature** (Sign name in full) \_\_\_\_\_ Date \_\_\_\_\_  
Required Required

**\*Spouse's signature** (if applying) \_\_\_\_\_ Date \_\_\_\_\_  
Required Required

**For residents of California:** The falsity of any statement in the application for any policy shall not bar the right to recovery under the policy unless such false statement was made with the actual intent to deceive or unless it materially affected either the acceptance of the risk or the hazard assumed by the insurer.



**Return Completed Form Today to:**  
ACADEMY GROUP INSURANCE PROGRAM  
P.O. Box 14533  
Des Moines, IA 50306  
**QUESTIONS?**  
**CALL TOLL FREE: 1-800-503-9230**  
**customerservice.service@getamba.com**

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**HARTFORD LIFE AND ACCIDENT INSURANCE COMPANY**  
**One Hartford Plaza**  
**Hartford, Connecticut 06155**  
**(A stock insurance company)**

The Hartford® is The Hartford Financial Services Group, Inc. and its subsidiaries.

This endorsement forms a part of the Group Insurance Application and Personal Health Application.

This endorsement becomes effective on January 1, 2023.

**State Notice for applicants in California:**

For your protection California law requires the following to appear on this form:

Any person who knowingly presents false or fraudulent information to obtain or amend insurance coverage or to make a claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

Signed for Hartford Life and Accident Insurance Company

**Kevin Barnett, Secretary**

**Jonathan Bennett, President**